

COVID RECOMMENDATIONS FOR NON-RESIDENTS AND TRAVELERS

From July 1, 2020, if a person arrives in Spain from other countries, by air, it is a mandatory statement to complete the Health Control Form (HCF) associated with their trip in order to present it at the Health Control of arrival in Spain. You can find the form on the web portal <http://www.spth.gob.es> and in the SPAIN TRAVEL HEALTH - SpTH App, from where you can easily obtain the QR code of the trip.

In the case of travel by sea, the shipping company will give you the document during the journey or on arrival at the port in Spain.

During your stay in Spain, always follow the recommendations against COVID-19 indicated by the [health authorities](#).

In order to protect your health and that of your loved ones, the Galician Regional Government (Xunta de Galicia) has implemented a series of health and hygiene measures to prevent infection by the Sars-CoV-2 virus.

If you do not reside in Galicia and do not have a general practitioner assigned to you, the Xunta de Galicia puts at your disposal the telephone number **881 002 021** where you can be attended and ask for information in the case of presenting any symptoms related to COVID-19.

People, whether they are residents or not in Galicia, who come from or have been in the last fourteen days in territories with a high epidemiological incidence due to COVID-19, must complete [the health registration](#) form within a maximum period of 24 hours from their arrival in the Autonomous Community of Galicia, regardless of whether or not they present symptoms compatible with COVID-19.

The territories that are considered to have a high epidemiological incidence by the COVID-19 at this time are:

- Any territory on the African continent.
- The following territories of the American continent: Argentina, Aruba, Brazil, Colombia, Dominican Republic, Ecuador, El Salvador, Guatemala, Honduras, Panama, Paraguay, Peru, Puerto Rico, St Martin, Turtle Islands, United States, Virgin Islands, Venezuela, Haiti, Jamaica and Nicaragua.
- The following Asian territories: Bahrain, Bangladesh, India, Iran, Iraq, Israel, Kazakhstan, Kyrgyzstan, Maldives, Oman, Palestine, Philippines, Afghanistan, Bhutan, Brunei, Cambodia, Indonesia, Laos, Mongolia, Myanmar, Nepal, Pakistan, Syria, Thailand, Yemen and Vietnam.
- The following territories in Europe: Azerbaijan, Faroe Islands and Kosovo.
- In the autonomous communities of Aragon, Madrid, Navarra and the Basque Country.

In the following [link](#) you can find interesting and updated information about COVID-19